

Curriculum Vitae

Florian Strasser MD ABHPM

Name Florian Strasser, MD
Title & Affiliation PD Dr. med., Cancer Fatigue Clinic & Cantonal Hospital KSSG
Birth Date & Place July 30th 1963, Winterthur, Switzerland
Office Address Bachtobelstrasse 8, 8593 Kesswil. flo.strasser@bluewin.ch
Researcher ID: orcid.org/0000-0003-2978-0146



EDUCATION

1983-1986 Medical School, University of Zürich
1986/1987 Working as a nurse in a resident house for elderly patients (11/1986 to 3/1987)
1987 Spanish school in Malaga, Spain. Voluntary work (surgery, community work) Los Angeles, Chile.
1987-1990 Medical School, University of Zürich.
1991 Clinic and Policlinic for Radio-oncology, University Hospital Zürich: 24.4.1992

CURRENT POSITION

Since 2021 Director Cancer Survivorship Fatigue and Supportive Clinic: outpatient focused on Survivorship Fatigue, Nutrition and Supportive Care; Onkologie Schaffhausen & Cantonal Hospital Münsterlingen
Senior Research Consultant, Integrative Medicine, Cantonal Hospital St. Gallen

PAST POSITIONS

9/1991-11/1992 Clinical Immunology, University Hospital Zürich: molecular HCV diagnosis, AIDS-research.
1/1993-12/1993 Division Infectious Diseases, University Hospital Zürich: clinical work with HIV-infected outpatients, work on phase II studies, ID hospital counselling service.
1/1994-2/1996 Medical Clinic, Kantonsspital Winterthur: clinical work in internal medicine including Emergency, ICU and haemodialysis-unit.
4/1996-7/1997 Medical Clinic, University Hospital Zürich: clinical work in internal medicine and oncology.
7/1997-8/2000 Institute of Medical Oncology, Inselspital Bern: clinical work in Medical Oncology, Liaison service radiation oncology. Work in a multidisciplinary Palliative Care group
Participation in the pilot workshop „Communication training for Swiss Oncologists“.
10/2000-8/2002 Department Symptom Control & Palliative Care, MD Anderson Cancer Centre, Houston, Texas: Clinical fellow Pain, Symptom Control & Palliative Care. Outpatient palliative care and pain clinic, multidisciplinary clinic, in-hospital palliative care and pain mobile team, Palliative Care Acute Unit, joint bus rounds with local hospices, research. First year supported by: Swiss Cancer Research Grant (BIL KFS 950-09-1999); Second year regular fellow.
. 8/2001 Rotation to the Tertiary Palliative Care Unit Grey Nuns Hospital Edmonton, Canada.
10/2002-12/2010 Clinic for Oncology and Haematology, Department of Internal Medicine, KSSG (Kantonsspital St.Gallen, Prof. Th. Cerny): Senior Physician (Oberarzt mbF) July 2006 to 2010. 2005 ESMO certification as Center of integrated oncology and palliative care.
2011-8.2018 Oncological Palliative Medicine (Leitender Arzt) in close collaboration with Palliative Centre. From 2011-8.2015 responsible physician inpatient tertiary palliative care oncology unit, successful certification palliative.ch. Development of integrated oncology and palliative care outpatient clinics including multi-professional nutrition & fatigue, cachexia and palliative rehabilitation clinic and palliative oncologist clinics. Participation in the interdisciplinary consult service. Development of a research team oncological palliative medicine.
10.2018-7/2021 Senior consultant (10%) Cancer rehabilitation Clinic Medical Oncology & Hematology, KSSG. Head (Chefarzt) Integrated Oncological Rehabilitation and Cancer Fatigue Clinic Klinik Gais AG, since 1.2020 member of KLV (Kliniken Valens). Development of a new rehabilitation concept (“ Cancer rehab before, during, in between and after cancer therapies in curative and non-curative intention”) and a multimodal, holistic cancer fatigue rehabilitation program

CREDENTIALS

19.11.1990 Swiss Physician Diploma, University of Zurich
23.01.1991 ECFMG-Certification
24.04.1992 MD, University of Zürich
28.11.1997 Swiss Confederation Diploma (FMH) Internal Medicine (issued 14.12.1999).
07.11.1998 European Society for Medical Oncology: Certification in Medical Oncology.
04.07.2000 Swiss Confederation Diploma (FMH) Medical Oncology.
13.10. 2001 American Board of Hospice and Palliative Medicine (ABHPM) Board Certification
27.01.2009 Venia docendi (Habilitation, Privatdozent) University Bern, Medical Oncolog

12.11.2008	GCP (Good Clinical Practice) Training Module 1 & 2 (KSSG); 10.5.2020 Module 3 (USZ)
5.2011	Special competence Delegated Psychotherapy (<i>Fähigkeitsausweis delegierte Psychotherapie</i>)
06.06.2017	Special competence Palliative Medicine (<i>interdisziplinärer Schwerpunkt Palliativmedizin</i>)
4.2023	Special competence Homeopathy (<i>Fähigkeitsausweis Homöopathie, SVHA</i>)
5.2023	Special competence Anthroposophic Medicine (<i>Fähigkeitsausweis anthroposophisch erweiterte Medizin</i>)
9.2023	Special competence Clinical Nutrition (<i>interdisziplinärer Schwerpunkt Ernährungsmedizin</i>)
9.2023	Renewal accreditation Palliative Medicine
11.2023	Consultant Insurance Medicine (<i>zertifizierter medizinischer Gutachter SIM</i>)
1.2024	Special competence Psychosomatic & Psychosocial Medicine (<i>interdisziplinärer Schwerpunkt SAPP</i>)
8.2024	Last renewal accreditation Medical Oncology (<i>Fortbildungsdiplom Medizinische Onkologie</i>)
8.2024	Last renewal accreditation Internal Medicine (<i>Fortbildungsdiplom Allgemeine Innere Medizin</i>)

CURRENT MAIN PAST PROFESSIONAL SOCIETIES RESPONSIBILITIES

Oncoreha.ch Co-president from 2019. Swiss Society of Medical Oncology (SGMO) Delegate Cancer Rehabilitation from 2018. Society on Sarcopenia, Cachexia and Wasting Disorders (SCWD), Board member. Swiss Society of Palliative Care (palliative.ch), Member physician group, Delegate SAQM Care Pathway Project, Delegate National Strategy Cancer European Society of Medical Oncology, Past Chair Working Group Designated Centers of Integrated Oncology and Palliative Care 2014-2017; Multinational Association for Supportive Care in Cancer, Past Co-Chair Working Group Nutrition & Cachexia 2015-2018; Swiss Society for Clinical Cancer Research (SAKK), Past Chair Supportive and Palliative Care Working Group 2001-2018.

RESEARCH

Cancer Rehabilitation: Current (2021) evaluation of Integrated cancer & fatigue rehabilitation 2019-2020.
Cancer cachexia: diagnosis, assessment, classification, clinical trials, guidelines.
Integration of oncology and palliative care: Development of clinical practice tools for symptom assessment and monitoring, chemotherapy in palliative intention decisional processes, cachexia and comorbidity adjusted anti-cancer treatment dosing. Development of comprehensive needs assessment tools, educational program for medical oncologists to deliver palliative care interventions, competences based care pathways across trajectory of disease. Multiprofessional community-based model of palliative care for cancer patients (Project Romania)
Spiritual care: Collaborations in spirituality research, transition dying, meaning.
 International research collaboration with Japan, Romania, India, Norway, UK, US and other countries.

IMPACT

2020 Concept of Integrated Cancer Rehabilitation and multimodal Cancer Fatigue management ¹
 2016 Concept of monitoring both symptoms and syndromes embedded in oncologists workflow ²
 2015 Integration of Oncology & Palliative Care: Models, Systematic Literature Review, Intl. Consensus ³
 2013 Transition Dying: A novel view of the dying process ⁴
 2012 Best Supportive Care: Methodology, Ethical Aspects, Standards ⁵
 2011 Cancer Cachexia Classification Framework, later Eating-related Distress ^{6,7}
 2009 Concepts of Cancer related Fatigue, Assessment Instrument (Single-Item Fatigue) ⁸

PUBLICATIONS

- 1 Strasser F. [Cancer Rehabilitation: integrated in the care pathways of modern oncology]. *Ther Umsch* 2019;76(8):449-459
- 2 Strasser F, Blum D, von Moos R, et al. The effect of real-time electronic monitoring of patient-reported symptoms and clinical syndromes in outpatient workflow of medical oncologists: E-MOSAIC, a multicenter cluster-randomized phase III study (SAKK 95/06). *Ann Oncol* 2016;27:324-32
- 3 Hui D, Cherny N, Latino N, Strasser F. The 'critical mass' survey of palliative care programme at ESMO designated centres of integrated oncology and palliative care. *Ann Oncol* 2017;28:2057-66
- 4 Renz M, Reichmuth O, Bueche D, [...], Strasser F. Fear, Pain, Denial, and Spiritual Experiences in Dying Processes. *Am J Hosp Palliat Care* 2018;35:478-91
- 5 Nipp RD, Currow DC, Cherny NI, Strasser F, et al. Best supportive care in clinical trials: review of the inconsistency in control arm design. *Br J Cancer* 2015;113:6-11
- 6 Fearon K & Strasser F, et al. Definition and classification of cancer cachexia: an international consensus. *Lancet Oncol* 2011;12:489-95
- 7 Oberholzer R, Hopkinson JB, Baumann K, [...], Strasser F. Psychosocial effects of cancer cachexia: a systematic literature search and qualitative analysis. *J Pain Symptom Manage* 2013;46:77-95
- 8 Strasser F, Müller-Käser I, Dietrich D. Evaluating cognitive, emotional, and physical fatigue domains in daily practice by single-item questions in patients with advanced cancer: a cross-sectional pragmatic study. *J Pain Symptom Manage* 2009;38:505-14

For a full list of peer-reviewed publications please visit pubmed.

August 1st 2024

Florian Strasser